

# STARS OF THE NORTH 2026

SIMULATION DAY FRIDAY FEBRUARY 27, 2026

| TIME    | STAR 2 FREESKATE PROGRAMS  |               | TOTAL MINUTES |   |
|---------|--|---------------|---------------|---|
| 11:00AM | <b>STAR 2 FREESKATE</b>  | 3 MINS        | WARM UP       |   |
|         | Alexis C<br>Aria T<br>Lucy D<br>Sadie S  |               |               | 20  |
| 11:20AM | <b>STAR 3 FREESKATE</b>  | 4 MINS        | WARM UP       |   |
|         | <del>Maya P</del><br>Rylin M<br><del>Kintey R</del><br>Meyli M<br>Lauren K<br>Abigail F<br>Natalie K |               |               | 30  |
|         | <b>STAR 1 ELEMENTS</b>   |               |               | <b>*SET UP CONES (Blue line - zamboni end)</b>  |
| 11:50AM | <b>STAR 1 Flight A</b>   | 3 MINS        | WARM UP       | <b>*Draw for direction STAR 1 Crosscut Exercise</b><br><i>(All flights will perform same direction)</i> |
|         | Habiba N<br>Avery M<br>Maddison M<br>Selena C<br>Mila  |               |               | 25  |
| 12:15PM | <b>STAR 1 Flight B</b>   | 3 MINS        | WARM UP       |   |
|         | Brooklyn<br>Grey<br>Carlin<br>Marcelona<br>Nora<br>Rayne   |               |               | 25  |
|         | <b>STAR 2/3 SOLO DANCE</b>   |               |               |   |
| 12:40PM |  | <u>3 MINS</u> | WARM UP       | <b>*ONE WARM UP FOR ALL</b>   |
|         | <u>Dutch Waltz</u>   |               |               | <i>Play each song on warm up ONCE</i><br><b>SERIES 8</b>  |
|         | Alexis C<br>Nora<br>Rayne<br>Aria T<br>Selena  |               |               |   |

