

Winter 2026 - 2027

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								2:45 - 3:45	No School	9:45	Flood
		3:00 - 3:45	Afternoon Session			3:00 - 3:45	Afternoon Session		Friday Drop - In	10:00 - 11:00	Coaches Choreography Session
		3:45 - 4:00 Flood				3:45 - 4:00 Flood		3:45 - 4:00 Flood			
4:00 - 5:00	Star 3-4	4:00 - 5:00	Star 5 - Gold (4)	4:00 - 5:00	Star 1 - 2	4:00 - 5:00	Star 3 - 4	4:00 - 5:00	Star 5 - Gold (6)	11:00 - 11:15	Prep Time (No Flood)
5:00 - 5:45 Star 1 - 2		5:00 - 5:15	Prep Time	5:00 - 5:45 Star 3 - 4		5:00 - 5:15	Prep Time	5:00 - 5:45	Open Session	11:15 - 12:15	Ice Show Practice Sep-Dec 2026
		5:15 - 5:45	Pre CanSkate 1 (10) Pre CanSkate 2 (10)			5:15 - 5:45	Pre CanSkate 7 (10) Pre CanSkate 8 (10)			12:15 - 12:30	Flood
5:45 - 6:00 Flood		5:45 - 6:00 Flood		5:45 - 6:00 Flood		5:45 - 6:00 Flood		5:45 - 6:00 Flood			
6:00 - 7:00	Can Skate 1 (20)	6:00 - 6:15	Prep Time	6:00 - 6:15	Prep Time	6:00 - 6:15	Prep Time	6:00 - 7:00	Star 5 - Gold (6)		
		6:15 - 7:15	Can Skate 3 (20)	6:15 - 7:15	Can Skate 4 (20)	6:15 - 7:15	Can Skate 5 (20)				
	Can Skate 2 (20)										
			Pre CanSkate 3 (10) Pre Canskate 4 (10)		Pre CanSkate 5 (10) Pre Canskate 6 (10)		Pre CanSkate 9 (10) Pre Canskate 10 (10)				
7:00 - 7:15	Flood							7:00 - 7:15 Flood			
7:30 - 8:15	Star 5 - Gold (6)	7:15 - 7:30	Flood	7:15 - 7:30	Flood	7:15 - 7:30	Flood	7:15 - 8:15	Star 1-2		
		7:30 - 8:15	Star 5 - Gold (6)	7:30 - 8:15	Star 5 - Gold (4)	7:30 - 8:15	Star 5 - Gold (6)				
8:15 - 9:15	Star 5 - Gold (4)	8:15 - 9:15	Open Session	8:15 - 9:15	Star 5 - Gold (6)	8:15 - 9:15	Star 5 - Gold (4)	8:15 - 9:15	Star 3 - 4		