



2ND SEMESTER WINTER SESSIONS 2011-12

(January 3, 2012 - March 31, 2012)



CONTACT INFORMATION

(780)791-4674
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www.noraltaskatingclub.ca



*All programs are
subject to enrollment.*

*All participants are
required to wear a CSA
approved hockey helmet
preferably with a face
guard & mitts or gloves*

The hardest part of
skating is the ice...
Learn the right way
All sessions are taught
by
Nationally certified
coaches!
Register early to
avoid
disappointment!

Class sizes are
limited.

Registration

Deadline:

DECEMBER 30, 2011

RECREATION PROGRAM INFORMATION

Parent & Tot

This fun program gives skaters under 3 and a parent time together on the ice. This 1/2 hour class will have your tot learning to skate in a fun environment through games, circuits & theme days!

-NOTE: Both the parent and the tot MUST be wearing a helmet. No exceptions.-

Preschool

Preschool is a half hour class that is for 3-5 year olds and is the stepping stone to our Advanced Preschool & CanSkate programs. Designed to get your preschooler moving through games and lots of various activities that introduce a variety of skating skills.

Advanced Preschool

This program is for graduates of the Preschool program who are not quite ready for a full one hour CanSkate session. This class will introduce the same fundamentals as CanSkate in a shorter 1/2 hour format twice per week. Badges are awarded for each level.

CanSkate *

CanSkate is a one hour, twice per week program and THE "learn-to-skate program for Canadians. Skate Canada's CanSkate program is where all successful skaters, hockey players and speed skaters master their first skating skills and develop their passion to skate. This popular class teaches fundamental skating skills such as skating forward, backwards, stopping, turn, spin & jump through a sequence of seven progressing stages. Badges are awarded for each level.

Recommended for ages 5 and up or Preschool & Advanced Preschool skating graduates.
SESSIONS: CanSkate Figure (M/F), Hockey (T/TH) & General (W/S) will be offered for 2nd Semester.

Tier 1 *

*For those skaters who've successfully completed Stage 4 (or recommendation by coach) of the CanSkate program and are looking for a program with a figure skating focus. Tier 1 is a one hour, twice per week program and is Noralta's preparatory program between CanSkate and the Tier 2 & 3 STARSkate programs. **IMPORTANT NOTE TO PARENTS: This is NOT a Learn To Skate program, this program is for those with figure skating aspirations only who have completed the above listed pre-requisite.***

NEW!! Introduction To Power

Do you have a skater 4—6 years old, currently registered in ringette or hockey? This pilot program is for them! Introduction To Power is a new half hour, twice per week program available in daytime only, that will get your skater moving with confidence through faster paced drills—forward, backward, stops, turns etc all skills required for a successful game! Skaters may choose to wear their equipment (full or partial) to adapt to movement in gear. Hockey sticks will not be required.

***FUNDRAISING REQUIREMENTS (CanSkate & Tier 1 ONLY):**

Option 1: Five (5) volunteer hours to be completed by May 27, 2012 (\$250 volunteer levy payable at registration, levy to be refunded upon hours completed).

Option 2: \$125 Buy-Out (payable at registration and volunteer waived)

Noralta has teamed up with MacIsland to host a Special Event May 24-27th which will require a large number of volunteers, please make yourself available or if not, choose the buy out.

REGISTRATION OPENS DECEMBER 1, 2011 @ 9:00AM.


****REGISTRATIONS ARE NOT ACCEPTED IN ADVANCE OF THESE DATES****

ALL NORALTA REGISTRATION IS COMPLETED ONLINE AT WWW.NORALTASKATINGCLUB.CA

SESSION START/END DATES & TIMES

(JANUARY 3 - MARCH 31)


2nd Semester Program Information

	Program	Start Date	End Date	Time	PRICE
<p><u>EVENING</u></p> <p><u>Programs</u></p> <p>All evening programs are held on Arena 1 at MacIsland**</p> <p><u>No Fundraising Required.</u></p> 	Monday Preschool 1M	January 9	March 26	6:15PM	\$136
	Monday Preschool 2M	January 9	March 26	6:45PM	\$136
	Tuesday Preschool 1T	January 3	March 27	6:15PM	\$150
	Tuesday Preschool 2T	January 3	March 27	6:45PM	\$150
	Wednesday Preschool 1W	January 4	March 28	6:15PM	\$150
	NEW!! Advanced Preschool Wed/Sat	January 4	March 31	6:45PM (Wed)/ 10:30AM (Sat)	\$248
	Thursday Preschool 1TH	January 5	March 22	6:15PM	\$150
	Thursday Preschool 2TH	January 5	March 22	6:45PM	\$150
	Friday Preschool 1F	January 6	March 30	6:30PM	\$122
	Friday Preschool 2F	January 6	March 30	7:00PM	\$122
	NEW!! Parent & Tot Saturdays	January 7	March 31	10:00AM	\$108

Programs for all ages, daytime is geared towards skaters not yet in full time school!

<p><u>DAYTIME</u></p> <p><u>Programs</u></p> <p>**ALL DAYTIME SESSIONS ARE ON THE MINI ICE AT MACISLAND NEXT TO THE CURLING RINK **</p> <p><u>No Fundraising Required.</u></p>	Monday Preschool PM	January 9	March 26	1:00PM	\$136
	Tuesday Preschool AM	January 3	March 27	10:00AM	\$150
	Wednesday Preschool PM	January 4	March 28	1:00PM	\$150
	Thursday Preschool AM	January 5	March 22	10:00AM	\$150
	Advanced Preschool Mon/Wed PM	January 4	March 28	1:30PM	\$276
	Advanced Preschool Tues/Thurs AM	January 3	March 27	10:30AM	\$290
	NEW!! Introduction To Power Mon/Wed PM	January 4	March 28	2:00PM	\$276
	Parent & Tot Tues AM	January 3	March 27	9:30AM	\$150
	Parent & Tot Wed PM	January 4	March 28	12:30PM	\$150

What now? Preschool and Advanced Preschool graduates or those 6+, your skater is ready for CanSkate

	CanSkate Figure (Mon/Fri)	January 6	March 30	6:15PM Mon/ 6:30PM Fri	\$270
	CanSkate Hockey (Tues/Thurs)	January 3	March 27	6:15PM Tues/ Thurs	\$315
	CanSkate General (Wed/Sat)	January 4	March 31	6:15PM Wed/ 10:00AM Sat	\$270

Beyond CanSkate....Tier 1 is for those skaters with figure skating aspirations and atleast Stage 4 CanSkate

Tier 1	Tier 1 (Wed 1 hr; Sat 1 hr)	January 4	March 31	5:00PM Wed/ 8:45AM Sat	\$270
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