

## **Noralta Skating Club**

# Presents September Fall Camp 2014





All programs are subject to enrollment.

All participants are required to wear a CSA approved hockey helmet preferably with a face guard, mitts or gloves and skates!



The hardest part of skating is the ice... Learn the right way All sessions are taught by Skate Canada certified coaches!

Register early to avoid disappointment! Class sizes are limited.

# Registration Deadline:

August 30, 2014

#### **PROGRAM INFORMATION**

\*\*Programs for Fall Camp will run September 2-30, 2014\*\*

#### Pre Canskate

Formerly named Preschool, this program is for 3-5 year olds not yet ready for our Canskate program. Designed to get your preschooler moving through games and lots of various activities that introduce a variety of skating skills. <u>Daytime & Evening classes available</u>.

#### **Daytime Canskate**

Formerly named Advanced Preschool, this program is for graduates of the Pre Canskate program who are not quite ready for a full <u>one hour</u> Canskate session. This class will introduce the same fundamentals as the evening Canskate in a shorter 1/2 hour format. Ribbons/Badges are awarded for each level. <u>Daytime classes only.</u>

#### CanSkate & CanSkate/Pre-Power

The beginner course of Skate Canada and THE "learn-to-skate program for Canadians. Canskate is the program where all successful skaters, hockey players and speed skaters master their first skating skills and develop their passion to skate. This popular class teaches fundamental skating skills such as skating forward, backwards, stopping, turn, spin & jump through a sequence of progressing stages. Ribbons/Badges are awarded for each level. Recommended for ages 5 and up or Pre Canskate skating graduates.

<u>NOTE:</u>—CanSkate Tuesday/Thursday will offer a Pre-Power skating component! Perfect for the future or current ringette and hockey players in Fort McMurray! See description below.

### Star Development

Noralta's figure skating prep program. This program is 100% focused on figure skating fundamentals. Specifically for skaters wishing to be figure skaters. This is NOT a learn to skate program. Participants must have minimum Stage 3 Canskate completed or be invited by the Clu'b's Director.

#### <u>Parent & Tot</u>

This program gives skaters 3 & under <u>and a parent</u> time together on the ice. This 1/2 hour class will have your tot learning to skate in a fun environment through games, songs & theme days! Both Parent & Tot must be wearing a helmet! Parent is on the ice with their Tot.

### Pre-Power: Introduction To Power

Do you have a skater who is or wants to be in ringette or hockey? Pre-Power is the program for them! Pre-Power is a great fast paced learn to skate program in a power format – work on fundamental skating skills along with power drills to better your form in the game whether you are a new player or advanced. Offered in Daytime as a standalone program AND now for your convenience as part of CanSkate Tuesday/Thursday for 2014-15(see CanSkate above).

#### \*\*IMPORTANT INFORMATION—PLEASE READ!!\*\*

- All classes begin the week of September 2.
- All classes for Fall Camp are to be held at MacIsland on ARENA 2.
- Information on recommended equipment is available on our website www.noraltaskatingclub.ca under the LINKS page.
- Helmets are MANDATORY! (No bike helmets) Face masks are highly recommended for our Preschool and Parent & Tot skaters.

#### \*\*REGISTRATION OPENS FRIDAY AUGUST 8, 2014 FOR SEPTEMBER FALL CAMP PROGRAMS\*\*

Program	PRICE	START DATE	
DAYTIME PROGRAMS			
Pre Canskate Mondays & Wednesdays 1:00pm (twice per week)	\$130	September 3, 2014	
Pre Canskate Tuesdays & Thursdays 10:00am (twice per week)	\$135	September 2, 2014	
Daytime Canskate Mondays & Wednesdays 1:30pm (twice per week)	\$130	September 3, 2014	
Daytime Canskate Tuesdays & Thursdays 10:30am (twice per week)	\$135	September 2, 2014	
Pre-Power: Introduction To Power Mondays & Wednesdays 2:00pm (twice per week)	\$130	September 3, 2014	
Parent & Tot Wednesdays 12:30pm	\$65	September 3, 2014	

Program	START DATE	START DATE	
EVENING PROGRAMS			
Pre Canskate Mondays 6:15pm & Fridays 7:15pm	\$130	September 5, 2014	
Pre Canskate Mondays 6:45pm & Fridays 7:45pm	\$130	September 5, 2014	
Pre Canskate Tuesdays 6:15pm & Thursdays 6:15pm	\$135	September 2, 2014	
Pre Canskate Tuesdays 6:45pm & Thursdays 6:45pm	\$135	September 2, 2014	
Pre Canskate Wednesdays 6:15pm & Saturdays 10:00am	\$130	September 3, 2014	
Pre Canskate Wednesdays 6:45pm & Saturdays 10:30am	\$130	September 3, 2014	
CanSkate Figure Skate Mondays 6:15pm & Fridays 7:15pm (twice per week)	\$150	September 5, 2014	
CanSkate & Pre-Power Tues 6:15pm & Thurs-days 6:15pm (twice per week)	\$150	September 2, 2014	
CanSkate General Wednesdays 6:15pm & Saturdays 10:00am (twice per week)	\$155	September 3, 2014	
Star Development Wednesdays 5:00pm & Saturdays 8:45am (twice per week)	\$165	September 3, 2014	