

Adult Skating Sessions



Adult skating is growing in popularity and more and more clubs are offering recreational, test and competitive opportunities to this segment of the population.

Adults participate in CanSkate, STARSkate and CanPowerSkate programs as well as on Synchronized skating teams. Adult championships currently provide opportunities to adult skaters to experience the challenge of a competition in a fun, social environment.

Noralta is please to be entering it's 6th season of offering Adult programming providing dedicated ice time to adults (18+) who wish to learn to skate for the first time, refine skills already learned as well as those who are former figure skaters who would like to dust off their skills in a adult only environment.

*****Fall sessions to be held at MacIsland.*****

All sessions are taught by nationally certified instructors. Sessions are first come first served. Register early to avoid disappointment!



4 sessions beginning September 10, 2010:

Fridays 7:45PM-8:45PM Adult Canskate \$120

Fridays 8:45PM-9:15PM Adult Open \$60

****Important Notes****

- *All skaters on the Adult Canskate session MUST wear a CSA approved helmet (hockey or all-sport). No bike helmets! No exceptions!*
- *The Adult Open session is intended for those skaters who are former skaters or upon recommendation from coach if you have completed multiple sessions in Adult Canskate.*

Questions? Contact Tania @ (780)791-4674 or e-mail
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