

Adult Skating Sessions



Adult skating is growing in popularity and more and more clubs are offering recreational, test and competitive opportunities to this segment of the population.

Adults participate in CanSkate, STARSkate and CanPowerSkate programs as well as on Synchronized skating teams. Adult championships currently provide opportunities to adult skaters to experience the challenge of a competition in a fun, social environment.

Noralta is pleased to be entering it's 7th season of offering Adult programming providing dedicated ice time to adults (18+) who wish to learn to skate for the first time, refine skills already learned as well as those who are former figure skaters who would like to dust off their skills in a adult only environment.

All sessions are taught by nationally certified instructors. Sessions are first come first served. Register early to avoid disappointment!



Sessions begin JANUARY 6, 2012:

Fridays 7:45PM-8:45PM Adult Canskate \$250

8—1 HOUR sessions

Fridays 8:45PM-9:15PM Adult Open \$125

8 —1/2 HOUR sessions

****Important Note****

All skaters on the Adult Canskate session MUST wear a CSA approved helmet (hockey or all-sport). No bike helmets! No exceptions!

Questions? Contact (780)791-4674 or e-mail noraltaadmin@shaw.ca