

Winter 2025-2026

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								2:45 - 3:45	No School	9:45	Flood
		3:00 - 3:45	Afternoon Session			3:00 - 3:45	Afternoon Session		Friday Drop-in	10:00 - 11:00	Pre CanSkate 1 Pre CanSkate 2
		3:45 - 4:00	Flood			3:45 - 4:00	Flood	3:45 - 4:00	Flood		
4:00 - 5:00	Star 1-2 U 11	4:00 - 5:00	Star 3-4	4:00 - 5:00	Star 1-2 U 11	4:00 - 5:00	Star 3-4	4:00 - 5:00	Star 5-Gold 6 Sessions	11:00 - 11:15	Prep Time (No Flood)
5:00 - 5:45	ICE SHOW PRACTICE Flex Schedule	5:00 - 5:45	Star 5 - Gold 4 Sessions	5:00 - 5:45	Star 3-4	5:00 - 5:45	Star 1-2 11 and Over	5:00 - 5:45	Star 1-2 U 11	11:15 - 12:15	CanSkate
5:45 - 6:00	Flood	5:45 - 6:00	Flood	5:45 - 6:00	Flood	5:45 - 6:00	Flood	5:45 - 6:00	Flood	12:15 - 12:30	Flood
6:00 - 7:00	Star 5-Gold 6 Sessions	6:00 - 6:15	Prep Time	6:00 - 6:15	Prep Time	6:00 - 6:15	Prep Time	6:00 - 7:00	Star 5-Gold 6 Sessions		
		6:15 - 7:15	CanSkate Pre CanSkate	6:15 - 7:15	CanSkate Pre CanSkate	6:15 - 7:15	CanSkate Pre CanSkate				
7:00 - 7:30	Flood & Prep Time							7:00 - 7:15	Flood		
7:30 - 8:15	ICE SHOW PRACTICE Flex Schedule	7:15 - 7:30	Flood	7:15 - 7:30	Flood	7:15 - 7:30	Flood	7:15 - 8:15	Star 3-4		
		7:30 - 8:15	Star 5-Gold 6 Sessions	7:30 - 8:15	Star 5 - Gold 4 Sessions	7:30 - 8:15	Star 5-Gold 6 Sessions				
8:15 - 9:15	Star 5 - Gold 4 Sessions	8:15 - 9:15	Star 1-2 11 and Over	8:15 - 9:15	Star 5-Gold 6 Sessions	8:15 - 9:15	Star 5 - Gold 4 Sessions	8:15 - 9:15	Star 1-2 11 and Over		